

EGD (UPPER ENDOSCOPY) INSTRUCTIONS

Five Days Before the Test: _____

- All aspirin and anti-inflammatory medication including, ibuprofen, Motrin, Aleve, naproxen, Naprosyn, sulindac, piroxicam, Feldene, indomethacin, diclofenac and Voltaren **are to be continued**. Tylenol is also safe to continue.
- If you are taking Coumadin, Plavix (clopidogrel), Pradaxa or other blood thinners please contact our office to determine if and when you need to stop these medications.
- If you are diabetic and use insulin, please contact our office for insulin instructions.
- PLEASE call our office if you have any questions about which medication you should or should not take.

Day of Procedure: _____

1. **Do not eat any solid food for eight (8) hours prior to the procedure.** Take only clear liquids by mouth. This includes clear juices (apple, grape, strained orange, strained lemonade), tea, coffee (no milk or creamer), soft drinks, sports drinks (Gatorade, Powerade), clear broth or bouillon, Jell-O and Popsicles. **You may have clear liquids until 4 hours prior to your procedure** then nothing by mouth. Take your essential medications as usual. Dentures will be taken out for this procedure so please do not “cement” them in. **Diabetics: please call the office to obtain special instruction regarding your medications.**
2. **NO DRIVING** – Because of the sedatives that you will be given **you cannot drive for the remainder of the day.** You may use a taxi after the procedure (Unless scheduled at St Luke’s. Their facility doesn’t allow cab use for this purpose). You must have someone present to drive you home after the procedure or we may cancel your exam.

You are scheduled with Dr. _____

Report at _____ on _____ to:

_____ Boise Endoscopy Center, 425 West Bannock Street, Boise

_____ Meridian Endoscopy Center, 2235 East Gala Street, Meridian

_____ St. Luke’s Boise Regional Medical Center, 190 E. Bannock Street, Boise
(Main hospital entrance. Out-patient Registration)

_____ St. Luke’s Meridian Medical Center, 520 S. Eagle Road, Meridian
(Eagle Road entrance. Out-patient Registration)

_____ St. Luke’s Nampa Medical Center, 9850 W. St. Luke’s Drive, Nampa
(Main hospital entrance. Out-patient Registration)

***** We cannot be responsible for your valuables. Please leave them at home *****

Check with your insurance company regarding pre-certification. Please bring your insurance cards to your appointment.

****Your procedure time will be approximately 90 minutes from the scheduled check-in time to discharge for procedures in the Meridian and Boise Endoscopy Centers. Please coordinate with your driver to alleviate delays in discharge. Patient stay times for hospital procedures may be longer. ****

For questions, call 343-6458 for the Boise office or 887-3724 for the Meridian office.